Purpose	Strategy	iPhone/iPad
Reduce phishing.	Mark junk/ spam/ scam emails as 'junk' or 'spam'	All email systems attempt to identiy spam/scams/phishing. But, in addition, you can teach it what *you* regard as suspicious mail, and doing so informs your email service.  Apple Mail: Tap arrow/push up screen, move to "Junk." [Icon looks like a trash can with "x" on it.]  Gmail: You can also add an email to the Spam folder yourself. Hit 3 dots, "report Spam." OR manually move into Spam folder.  Other email clients will handle Junk/Spam in similar ways.  NOTE: Check your Junk or Spam folder regularly! Sometimes mail you WANT winds up in that folder.
Reduce phishing.	Update operating system, because OSs continually update their security features	iOS: Open your settings: General/ Software Update/ Automatic Updates/On. The iOS will update overnight when plugged in and on WiFi.
Reduce risks of phishing.	On/Off	
Reduce phishing.	Update browsers	Safari is updated when the OS is updated.
		Other browsers (like all apps) are updated automatically when you're on Wifi if you use iOS13.  NOTE: Older iOS may require manual updates. From Apple: How to Update iPhone Apps in iOS 11 (for example) -Tap the App Store icon on the Home screenTap the Updates button to access the Updates screen, then tap the Update button for any item you want to updateYou may be asked to confirm that you want to update, or to enter your Apple ID; after you do, tap OK to proceed.
Reduce the risks of phishing.	Back up regularly	<ul> <li>iCloud: How to back up on iCloud</li> <li>-Go to Settings &gt; [your name] &gt; iCloud &gt; iCloud Backup.</li> <li>-Turn on iCloud Backup. Then iCloud automatically backs up your iPhone daily when iPhone is connected to power, locked, and on Wi-Fi.</li> <li>OPTIONAL: To perform a manual backup, tap Back Up Now.</li> </ul>
Reduce the risks of phishing.	Passwords for apps	
	ONLY IF TIME PERMITS, OR THE TOPIC COMES UP	
Reduce phishing.	Block pop-ups	Safari: Open Settings -Choose SafariTap the Block Pop-ups toggle switch to turn it on or off. Chrome: Open the Chrome appTap More SettingsTap Content SettingsTap Block Pop-ups, and turn Block Pop-ups on or off.